



BELLINGHAM HIGH SCHOOL

RED RAIDER ALERT

December 7, 2017

Important Links

Keep up to date on everything “**Red Raider**” with these helpful links.

[Bellingham High School](#)

[Bellingham School District](#)

[Transportation](#)

[Counseling Office](#)

[Career Center](#)

[Scholarship Information](#)

[Sports Schedules NWC Athletics](#)

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[Red Raider PTSA](#)

[Facebook - Bellingham High School](#)



Hello Raider fans-

As we head into the holiday season, I want to wish you all well on behalf of our **Career and Technical Education** department. We have been working hard to bring applications into the classroom. A few of these are highlighted here. This is by no means an exhaustive list of what has been happening and I encourage you to ask your student what engaging things they have been doing in their classes.

Our first-year **Nutrition and Wellness** teacher **Suneeta Eisenberg** is excited that all her students in periods 2, 3 & 4 have completed 5 cooking labs with stellar success and tasty dishes. In preparation for the "Mystery BOX" final, each unit will be cooking a main dish and either a dessert or appetizer for all to taste. She has worked hard to highlight in all her classes the importance of working together to cook, collaborate respectfully on projects and lead each other to greatness in food preparation. This is an amazing class and the students are learning proper nutrition and overall health habits by applying what they have learned. Who doesn't like a little home-made healthy food now and then?

Our **Engineering Technology** students are working hard on two fronts right now:

First, they are soon to send in entries for the "Two for the Crew" competition put on by the Future Engineers organization. If you are interested in specifics, you can go to <http://www.futureengineers.org/twoforthecrew> and check it out. Our students are creating a design to (hopefully) be printed on the International Space Station. They have worked hard applying the Design Loop to come up with an idea, model it in CAD software and 3D print in our lab. There have been many very interesting conversations along the way. We had the good fortune to have a visit from two professional designers and manufacturers during this project. Thanks go to Bob Dyer of Pacific Injection Molding and Jack Kettlestrings for donating some hours. We learned a lot!

The other competition we are gearing up for is the **International Bridge Building Contest**. This is a big one at BHS and students in **Physics, Applied Physics, and Engineering** all take part while learning and applying many structural engineering concepts on the way (hopefully) to the regional competition held here at BHS on March 13th.

Again, I wish you the best this holiday season. **Go Raiders!**

Paul Clement - Career and Technical Education Department

Order your **BHS Yearbook** today! Pay [online](#) or at the ASB office.

\$50 first semester, \$65 second semester!

Tell your friends how they can receive a copy of the **Red Raider Alert!**
Send a request to:
raideralert@bellingshamschools.org



Please like us! Your **Red Raider** PTSA has a Facebook group - join today @ [Bellingham High School Red Raiders PTSA](#).

Families of Raider athletes: New this year you can purchase a **\$20 family pass** to watch your high school athlete participating in basketball, wrestling, pep band, dance or cheer. This pass is possible thanks to generous funding from the [Bellingham Public Schools Foundation](#), which is helping to support this initiative.

The pass allows entrance for two adults plus children. Note for pep band and dance, the pass is only valid on nights when those students are performing during the athletic event. Family passes can only be purchased from your school ASB office.

Update on Snow Bus Routes for **Sudden Valley** Riders

Thanks to the input we received from families, we have added back three bus stops to snow bus routes for Sudden Valley riders. We will still be utilizing the Sudden Valley Market when we're on snow routes, as well as stops at Gate 1 (Bus Hut), the airport stop (2035 Lake Whatcom Blvd) and Gate 3/Spring Creek Trailhead. Please review the webpage Bellinghamschools.org/snow-routes for the most up-to-date times and information (times may change). We ask that parents/guardians coordinate with their children to decide which stop they will be utilizing to avoid confusion, especially in the case of bad weather. If a parent/guardian is unable to meet a child at the bus stop for drop-off, it is the responsibility of the parent/guardian to train their child what steps to take, such as walking in groups with other children or going to a neighbor's house.

Bellingham Technical College Child & Family Studies **Raising Teens**

The teen years are full of changes for both the adolescent and the parents. This class will explore the brain changes that are occurring that explain some teen behaviors and give strategies to create and maintain a mutually respectful, loving relationship between parents and their teen. Topics discussed will be decided by the group but may include communication, respectful listening, sexuality, drug use, suicide prevention, bullying, rebellious behaviors, and positive relationships with peers.

REGISTER NOW!

Call **360.752.8350** or email registration@btc.edu

Item # **8186** CHFM 143 Raising Teens

Instructor: Ann Marie Read

Date: Wednesdays, 1/24 - 2/7

Time: 6-8 p.m.

Location: BTC's Campus Center, Room 233 (CC 233)

Cost: \$62.47

Bellingham Technical College is an equal opportunity institution.



BHS won the George Yonlick Memorial Wrestling Tournament on Saturday.

GRAD AD DEADLINES –

December 14, 2017 - Grad Ad Early Bird order deadline -- receive a \$10 discount on your grad ad order if payment received by this date!

February 3, 2018 - Grad Ad final order deadline... remember, space is limited so order soon!